

Marie Curie Hospice, Cardiff and the Vale

Care, support and advice for you and your family



Our hospice can help you improve your quality of life if you are seriously ill with cancer, heart failure, kidney failure or other illnesses. All our services are free of charge.



Care and support
through terminal illness



How we can help

Our hospice is located by the sea, with wonderful views overlooking the Bristol Channel. We provide a peaceful and welcoming environment for you and your family to come in for:

- expert care and advice on how to manage difficulties such as pain or tiredness
- aromatherapy and other therapies to improve your wellbeing
- advice on benefits and other support services
- emotional support services

All our services are provided free to our patients and their families.



We're here to meet your individual needs...

If you have any specific needs, we will try our best to cater to them – just let us know. We can provide:

- home visits if you are not able to come into our hospice
- access to interpreters
- food prepared according to your cultural and religious needs
- a quiet room for you to use for reflection or to pray
- flexible visiting for families and friends

To find out more, please drop by our hospice, ask your GP or contact us.

Marie Curie Hospice, Cardiff and the Vale
Bridgeman Road
Penarth CF64 3YR

Phone: 029 2042 6000 and ask for the community nursing team

Email: cardiff.hospice@mariecurie.org.uk

mariecurie.org.uk/cardiff

Marie Curie Hospice, Cardiff iyo the Vale

Daryeel, gargaar iyo talobixin la siiyo adiga iyo qoyskaaga



Xaruntayada xannaanada dadka aad u jirran waxay kaa caawin kartaa inaad kor u qaado tayada noloshada haddii aad aad ula ildaran tahay kansar, hawlgab wadne, hawlgab keliyeed ama cudurro kale. Dhammaan adeegyadayadu waa bilaash.



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Sidee kuu caawin karaa

Xaruntayada xannaanada dadka aad u jirran waxay ku taalaa badda dhinaceeda, iyadoo daawasho wanaagsan oo kor taala Bristol Channel. Waxaanu adiga iyo qoyskaaga siinaynaa deegaan nabadgeliyo iyo soodhoweyn leh:

- daryeel iyo talobixin khibradaysan oo la xidhiidha sida loo maareeyo dhibaatooyinka sida xanuunka ama daalka
- dabiibid saliid dhir udgoon laga sameeyey iyo dabiibisyo kale si kor loogu qaado xaalad-wanaagaaga
- talobixin la xidhiidha dheefaha iyo adeegyada kale ee gargaar
- adeeyo gargaar niyadeed

Dhammaan adeegyada waxaa si lacag la'aan ah loo siiyaa bukaannada iyo qoysaskooda.



Waxaanu halkan u joognaa in aanu daboolo baahiyahaaga shakhsiyeed...

Haddii aad leedahay wax baahiyo oo gaar ah, waxaanu sida ugu wanaagsan isugu deyi doonaa in aanu wax ka qabano – keliya nala soo socodsii. Waxaanu bixin karaa:

- in aanu guriga kugu soo booqano haddii aadan xarunta xannaanada dadka aad u jirran imaan karin
- in lagu helo turjubaanno
- cunto loo diyaariyey si waafaqsan baahiyahaaga dhaqan iyo diineed
- qol sanqadh la'aan ah oo aad ku nasato ama ku tukato
- booqasho xilligeeda la kala dooran karo oo ay kuugu yimaadaan qoysaskaaga iyo asxaabtaada

Si aad intaa wax ka badan u ogaato, fadlan kaalay xaruntayada xannaanada dadka aad u jirran, weydii Dhakhtarkaaga Cudurada Guud (GP) ama nagala soo xidhiidh..

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Telefoon: 029 2042 6000 oo weydii kooxda kalkaalinta bulshada

limayl: cardiff.hospice@mariecurie.org.uk

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